

CME Colorado Trail Trekking Packing List

CLOTHING

- 2 pair of hiking shoes
- Hiking pants-quick drying
- Comfortable, warm camp pants
- 2 hiking shorts
- 3-4 short sleeve wicking shirts
- 1-2 lightweight long sleeve shirts
- Warm layer fleece, puff, wool,
- Rain jacket
- Rain pants
- Sun hat or visor
- Stocking cap or warm hat
- 4-6 pair hiking socks
- 4-6 underwear
- Warm jacket
- Camp shoes and/or sandals

Pro Tip: Wool clothing is naturally odor-resistant, moisture-wicking, and comfortable across a wide range of temperatures. Many trekkers wear the same wool shirt or base layer for multiple days.

Optional Items:

- A way to charge your phone, such as a battery powered charger
- Reading material
- Trekking Poles
- Comfy clothes, like PJs or sweats
- Bandana

GEAR

- Warm sleeping bag
- Sleeping pad
- Pillow
- Tent- please make sure your tent is weatherproof/waterproof
- Head lamp (with good batteries)
- Hydration bladder or water bottles (3-4 liter capacity)

- Day pack with rain cover
- Two soft duffel bags for your gear

Other:

- Personal toiletries
- Bath Towel
- Sunscreen SPF 36
- SPF rated lip balm
- Sunglasses
- Bug repellent

CASH FOR:

- Beverages/Alcohol (not provided by CME)
- Merchandise and incidentals
- **Tips : Your guides will work hard to make your trip possible and enjoyable. Please show your gratitude with a 12-15% gratuity. You can give your tip to any of the guides, they will divide it equally among the crew.**